



Editorial

From The Editor's Desk.....

Azadi ka Amrit Mahotsav and role of Life sciences

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“PDEAS International Journal of Research in Ayurveda and Allied Sciences” is an International Bi-Annual Peer Reviewed research journal which provides a trans-disciplinary platform to publish research activities in the field of Ayurveda, Pharmacy & other integrative health sciences, PDEAS IJRAAS intend to discover the associations between Ayurveda, traditional medicine, Pharmacy and other modern health sciences, to promote effective alliance to encourage successful, safe and cost effective global health.

We are celebrating “Azadi ka Amrit Mahotsav” on the occasion of 75th Independence Day of India amid the Covid 19 pandemic! Since last 2 years world is struggling with SARS-CoV-2, new variants of this virus are emerging periodically, Corona, Delta and now Omicron.....this virus will undergo mutation for sure because “the only constant in life is change”.

By WHO website, till date globally more than **383,509,779** confirmed cases of Covid 19 are reported. Omicron variant is spreading rapidly.

Now along with fast spreading Omicron, people across the globe have understood importance of good immune system. Covid Pandemic has triggered anxiety in every human being.

Is this Covid 19 pandemic blessing in disguise for Ayurveda? No one will disagree the growing popularity of Ayurveda globally. Everyone wants stronger immunity to stay fit and healthy and protect from the virus or its variants.

Now it's the responsibility of Ayurvedic fraternity to project Ayurvedic fundamentals globally in a scientific way and to impose importance of daily & seasonal regime for healthy and stress free life. People are eager to incorporate Ayurveda, Yoga and Pranayama in their life. Definitely this is a very positive situation for Ayurveda.

To strengthen the Ayurveda globally, under the campaign of “Azadi ka Amrit Mahotsav”, We, PDEA's College of Ayurveda & our teaching hospital are organizing various events under the guidance of AYUSH ministry. Till date, we have organized health camps, health counseling, for senior citizens, Yoga sessions, and woman & child health programs, students check up, Ayurvedic health supplements distribution. We have undertaken the Ayurvedic herbs program and distributed medicinal saplings to general public people as guided by AYUSH ministry.

Finally, I will say that vaccinate yourself, follow the Covid protocol, incorporate Ayurveda & Yoga in your life and stay healthy!

..... Prof. Dr. Ragini R. Patil
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