



Editorial

From The Editor's Desk.....

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Greetings to all research scholars and investigators,

It is with immense pleasure that we engage in a dialogue with you through our esteemed bi-annual multidisciplinary international peer-reviewed journal, "PDEASIJRAAS." Your unwavering support has propelled our journal's success, leading us to complete five years of publication.

The current issue of "PDEASIJRAAS" probes into diverse areas of Ayurveda research, exploring perspectives on topics such as Diabetic Ketoacidosis, Femoral Hernia, and Rasayana etc.

But present-day Ayurvedic research often focus on pharmaco-therapeutic clinical trials so this discussion highlights the need for evidence-based fundamental research that can enhance Ayurveda's role in healthcare beyond being considered merely an alternative medicine.

If we want to establish, Ayurveda as a forefront healthcare system, fundamental research is essential. We must scientifically explore the fundamental concepts of Prakruti, Agni (digestive fire), Tridosha (Structural & functional Components), Dhatu (tissues), and Mala (Waste Products) and their role in health and diseases.

Ayurvedic fundamental research can pave the way for the development of diagnostic and prognostic biomarkers for assessment of dosha-dhatu-mala-agni and their role in health and diseases.

This is the era of personalized medicine, where the approach to healthcare is based on each individual's unique genetic makeup,

But "Prakriti, an individual's constitution is the foundation of the age old Ayurvedic clinical examination and therapeutics, which is nonetheless personalized medicine!

Prakruti of an individual is what genome is to modern medicine, where health and proneness to diseases are diagnosed clinically. Ayurgenomics, an emerging branch in healthcare, blends genetics with the fundamental principle of Prakruti to understand health, proneness to particular diseases, diagnosis, and cure.

Research in Ayurgenomics can be a blessing to mankind, offering the potential to prevent diseases like cancer and metabolic disorders etc.

In conclusion, the need for fundamental research in Ayurveda is undeniable. Let us unite and collaborate in our pursuit of advancing research in Ayurveda for the betterment of human health.

..... Prof. Dr. Ragini R. Patil
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